Southwest Baptist University

BACHELOR OF SCIENCE IN EXERCISE SCIENCE (REHABILITATIVE SCIENCES: PRE-OCCUPATIONAL THERAPY)

FRESHMAN - FALL SEMESTER		
BEH 2243	Reasoning: Statistics	3
BIB 1013	Values: Old Testament History	3
ENG 1113	Communication: English Composition I	3
UNI 1111	**Opportunities: University Seminar**	1
DISCOVER	Society: (American Studies Options)	3
DISCOVER	Values: (Spiritual Formation Options)	2
Total Credits	.....	**15**

FRESHMAN - SPRING SEMESTER		
BIB 1023	Values: New Testament History	3
BIO 1003 & 1001	Inquiry: Principles of Biology & Lab	4
KIN 1163	Discipline: Fitness and Wellness for Professionals	3
UNI 1121	**Reasoning: Introduction to Critical Thinking**	1
DISCOVER	Communication: (Composition Options)	3
Total Credits	.....	**14**

SOPHOMORE - FALL SEMESTER		
DISCOVER	Communication: (Communication Options)	3
DISCOVER	Society: (Social Studies Options)	3
BIO 2204	**Human Anatomy and Physiology I**	4
KIN 2023	**Perceptual Motor Development**	3
PSY 1013	General Psychology	3
Total Credits	.....	**16**

SOPHOMORE - SPRING SEMESTER		
DISCOVER	Values: (Cultural Awareness Options)	2
BIO 3304	**Human Anatomy and Physiology II**	4
ESC 3114	**Orthopedic Evaluation: Above Diaphragm**	4
HSC 1013	Medical Terminology	3
PSY 3033	**Abnormal Psychology**	3
Total Credits	.....	**16**

JUNIOR - FALL SEMESTER		
CHE 1113 & 1111 **CHE 1003 & 1001**	**General Chemistry I & Lab** **Chemistry for Allied Health & Lab**	4
ESC 3133	**Pharmacology**	3
KIN 3083	**Care and Prevention of Athletic Injury**	3
ESC 3124	**Orthopedic Evaluation: Below Diaphragm**	4
Total Credits	.....	**14**

JUNIOR - SPRING SEMESTER		
DISCOVER	Enrichment: (Enrichment Options)	3
ESC 4034	**Treatment and Rehabilitation**	4
KIN 3073	**Physiology of Exercise**	3
KIN 3093	**Responding to Emergencies**	3
KIN 4001	Kinesiology Capstone	1
ELECTIVE	Student Selection	2
Total Credits	.....	**16**

SENIOR - FALL SEMESTER		
ESC 4833	**Evidenced Based Practice**	3
KIN 2243	**Nutrition**	3
KIN 4003	**Kinesiology**	3
KIN 4773	**Principles of Strength and Conditioning**	3
PSY 3063	**Human Growth and Development**	3
Total Credits	.....	**15**

SENIOR - SPRING SEMESTER		
ESC 4043	**Exercise Science Practicum**	3
ESC 4223	**Functional Movement**	3
ELECTIVE	Student Selection	8
Total Credits	.....	**14**

DISCOVER Core Curriculum

Student Selection: Open Choice, Second Major Courses, or Minor Courses

Total Credits to Graduate: 120

Updated Summer 2026

THIS IS A PROPOSED GUIDELINE. Please check the catalog and see your advisor for your final degree requirements.
Southwest Baptist University reserves the right to make changes to degree plans without advanced notice or obligation.