

Southwest Baptist University

Department of Extended Learning

OLIS – Online Independent Study Courses

1. [Fine Arts](#)
2. [Geography](#)
3. [Kinesiology](#)
4. [History](#)
5. [Political Science](#)
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Fine Arts

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FAR 1003 Introduction to Fine Arts, William Hooper, 3HRS

A course designed to help the general education student to develop a basic understanding of music and art of various cultures and historical periods. Critical thinking and writing course. Web-based non-proctored examinations.

Textbook: No text required.

Geography

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GEO 1103 Geography, Kwasi Ofori-Yeboah, 3HRS

Basic survey introducing the various elements of geographical study. Web-based non-proctored examinations.

Textbook: Harm J. de Blij, Peter O. Muller, and Jan Nijman. Geography: Realms, Regions, and Concepts. 16th edition. Hoboken, NJ: Wiley, 2014. ISBN-10: 1118673956
ISBN-13: 978-1118673959

Kinesiology

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KIN 1043 Personal and Community Health, Linda Wooderson, 3HRS

A study of major health problems and factors determining health. Special considerations given to principles and practices of good health for individual and community concerns. Meets MO state health education certification. Web-Based non-proctored examinations.

Textbook: Payne, W.A. and Hahn, D.B. and Lucas, E.B. Understanding Your Health (12th ed.). McGraw-Hill. ISBN-10: 0073529753 | ISBN-13: 978-0073529752

KIN 1162 Foundations of Physical Fitness and Wellness, Linda Wooderson, 2HRS
Study and participation in programs recommended for development of adult physical fitness. Emphasis is on determining level of fitness, importance of fitness in total well-being, nutrition and diet selection, monitoring effect of fitness activities, selection of fitness/wellness programs, stress management, and program implementation. Web-Based non-proctored examinations.

Textbook: Fahey, T.D. Insel, P.M., and Roth W.T. (2017). Fit & Well **Alternate Edition:** Core Concepts and Labs in Physical Fitness and Wellness (12th ed.). MCGRAW – HILL PUBLISHING CO. ISBN: 978-1-25-975125-7

History

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HIS 2213 History of the United States, 1492-1865, Tim Wood, 3HRS
Political and social survey of United States history from colonization to the end of Reconstruction. Web-based non-proctored examinations.

Textbook: Jennifer K., Cornell S.T., O'Donnell, E.T. Visions of America: A History of the United States (2012). Volume 1 (2nd Ed.). ISBN# 0205092675. Pearson.

HIS 2223 History of the United States, 1865- Present, Tim Wood, 3HRS
Political and social survey of United States history from the Gilded Age to the present. Web-based non-proctored examinations.

Textbook: Jennifer D. Keene, Saul T Cornell, Edward T. O'Donnell. Visions of America: A History of the United States (2012). Volume 2 (2nd Ed). ISBN: 0205092683. Publisher: Pearson.

Political Science

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POL 1113 American Government and Politics, Kwasi Ofori-Yeboah, 3HRS
Origin, organization, and policy of United States government at the national, state, and local levels. Encourages citizen participation and leadership in democratic processes beginning at the community level. Fulfills the Missouri statutory requirement. Web-based non-proctored examinations.

Textbook: Gitelson, A. R., Dudley, R. L., & Dubnick, M. J. (2014). American Government: Myths and Realities. 2014 Election Edition. Oxford University Press. ISBN-10: 0199374228 ISBN-13: 9780199374229

Psychology

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PSY 1013 General Psychology, Bill Walkup, 3HRS

A “life-oriented” course including physiological backgrounds of behavior, development, motivation, emotion, intelligence, personality, adjustment, and social psychology. Web-based non-proctored examinations.

Textbook: Psychology: With contributions by Bill DuVall and William Walkup. Pearson. ISBN-10: 1-323-42749-X. ISBN-13: 978-1-323-42749-1.

PSY 3053 Child Development, Bill Walkup, 3HRS

A study of the operation of normal psychological and developmental processes in the lives of children from birth to adolescence. Prerequisite: PSY 1013 or EDU 2113. Web-based non-proctored examinations.

Textbook: Berger, K. S. The Developing Person: Through Childhood (6th. Ed). 2012. NY: Worth Publishers. ISBN-13# - 978-1-4641-0805 (text only)

PSY 3063 Human Growth and Development, Jennifer Maloney, 3HRS

A “Life-Span” study of human growth and developmental processes including physiological and sociological influences and effects. Students receiving credit for this course cannot receive credit for both PSY 3053 and PSY 4033. Prerequisite: PSY 1013 or EDU 2113. Web-based non-proctored examinations.

Textbook: Santrock, J.W. (2018). Essentials of Life-Span Development, (5th. Ed.). NY: McGraw-Hill. ISBN-13: 978-1-259-70879-4

Sociology

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SOC 1003 Introductory Sociology, Debbie Gamble, 3HRS

Survey of major subject areas and principles of sociology. Topics of the nature and development of culture; social aspects of personality; population trends, social classes, institutions and social change.

Textbooks: Macionis, John. (2016). Society: The Basics, 14th ed. ISBN-10: 0134206320. Pearson.